

Swiss physiocongress has an international allure



Around 750 visitors from Switzerland and neighbouring countries came to physiocongress, the Swiss national congress of physiotherapy, held in May in Basel.

The programme of international key speakers included WCPT President Marilyn Moffat. She opened the congress and led a course on physical therapists as exercise experts for aging adults, with practical examples and exercises, on the day before the Congress. She also presented a keynote address on the challenges facing physical therapy and the WCPT. Physical therapists are in high demand as movement specialists who can prevent chronic diseases, she said.

Marco Narici, Professor in the Physiology of Ageing from the UK, devoted his main speech to muscle wasting and muscle weakness as characteristics of age and inactivity. Fiona Jones, Principal Lecturer in Physiotherapy from St George's University in London, presented results of new research into self-management after a stroke. The fourth keynote speech was by Ruud Knols from the University Hospital of Zurich on movement therapy in patients with cancer.

The congress offered varied presentations, workshops, debates and meet-the-expert sessions, all of which attracted active participation.