

## From helplines to walkathons... world day draws massive support



**Hundreds of physical therapists raised awareness of the contribution they make to global health on World Physical Therapy Day, 8th September. They organised everything from roadshows to seminars, from quizzes to helplines, from walkathons to public demonstrations, taking up WCPT's "Movement for Health" theme and showing the world how to combat disease through exercise.**

Some WCPT member organisations report massive participation. In the UK, physical therapists organised activities in 150 workplaces, urging employees to "workout at work".

The Legitimerade Sjukgymnasters Riksförbund reports around 450 World PT Day activities occurring in Sweden, and in Nigeria, 25 out of 36 state chapters of the Nigeria Society of Physiotherapy organised events.

This year WCPT encouraged member organisations to highlight non-communicable diseases such as cardiovascular disease, diabetes and cancer in the light of the high level meeting about these diseases held at the United Nations General Assembly in mid-September.

There are full reports on the high level meeting and World PT Day activities in this issue of WCPT News.

If you have any stories to tell about this year's World PT Day, or have any suggestions for how you would like to see the day developing in future years, let us know at [news@wcpt.org](mailto:news@wcpt.org)

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