



The International Association for Physical Therapists working with Older People

Newsletter 12

Website www.iptop.wcpt.org

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This newsletter is to update everyone on the association. It is sent direct to special interest groups as they become known. A resume is sent to WCPT News. The idea for an association began in 1993 at an international course in Malta; was discussed at WCPT Washington in 1995 and at WCPT Yokohama in 1999 where a shadow committee and steering group were formed. The Foundation Meeting was held in Birmingham, UK, 2002. At WCPT Barcelona 2003, IPTOP was accepted as a WCPT subgroup. General meetings have been held in Barcelona 2003; Dublin 2004, Melbourne 2005 Istanbul 2006 and WCPT Vancouver 2007. Membership currently stands at 16 countries representing @ 8,000 physical therapists. The efforts of the association are directed towards member associations and their individual members working with older people through excellence, research, practice and clinical specialisation. Officers travelling to international conferences are self funded. This newsletter is published on our website six months after distribution to members. A summary is published in WCPT news.

Message from the chairperson.

Dear Colleagues,

This will be the first opportunity to meet you through this newsletter since being elected. First of all, I would like to extend my gratitude to Olwen Finlay, past chair of IPTOP, for her great support and tireless work and inspiration for IPTOP which I hope she will continue as an IPTOP ambassador. It was fitting to see that Olwen was awarded one of only six International Leadership Awards at the WCPT General meeting in recognition of her work.

On behalf of IPTOP I would like to thank executive committee members for their work over the last four years. Two of our officers – Amanda Squires and Nancy Prickett- were awarded 2 of only 7 WCPT International Awards. We are honored and proud for having such distinguished officers within our association.

At the Vancouver Conference, Dr. Marilyn Moffat from USA was elected as president, taking over from Dr. Sandra Mercer Moore. I would like to thank Sandra, and Inger Bronsted, past vice president of WCPT, for their help and invaluable guidance to the IPTOP committee. Marilyn has asked that each subgroup has close communications with both WCPT and each other. We have included this in our objectives for the coming year.

Also at the Conference we organized a 2 hour education session; a subgroup stand in the exhibition hall; and awarded prizes for the best poster from an IPTOP member organization and for the best platform presentation on elderly care.

I look forward to any member country contacting me with their interest in hosting the next conference as soon as possible. Such conferences enable the host country to raise awareness of their profession and the profile of their association (See p 4). I would also encourage non-member countries to establish their special interest groups and to become members of IPTOP.

I would like to give my best wishes to all our members for 2008 and hope our association will achieve its goals with the new member countries in the new year.

Yours Sincerely

Filiz Can PT, PhD, MSc @iptop.wcpt.

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Dr Sandra Mercer Moore presenting the Leadership Award to Olwen



Nancy and Amanda receive International Awards from Dr Sandra Mercer Moore

WCPT Congress, Vancouver 2007 (please send your comments on this item to Feliz Can chair@iptop.wcpt.org)

The 15th International WCPT congress was held in Vancouver, Canada in 2-6 June 2007. Karen Hurtubise, the chair of Canadian Physiotherapy Association and Liz Harrison, the chair of International Scientific Committee opened the Welcome Ceremony and Sandra Mercer Moore welcomed the delegates.

The theme of this congress was “Moving Physical Therapy Forward” to provide a framework for discussing the challenges and opportunities for the profession of physical therapy. WCPT’s policies and scope were reflected in 5 programme tracks: Global health, professional issues, professional practice, education, research and development. Delegates could refer to these tracks in navigating over 2000 scientific presentations. There were also interactive poster discussion sessions in addition to a number of scientific posters exhibited in the poster hall.

Presentations relating to older people took place on 14 different platforms which included titles such as activity, age related changes, assessment, balance and falls, risk for falls and intervention. IPTOP was also been allocated a two-hour education session entitled “World ageing, regional variations and physiotherapy approaches”. Other sessions included subgroup education sessions, networking sessions and special group meetings included 6 subgroups of WCPT and journal editors. IPTOP presented a prize for the best presentation and best poster relating to older people at the closing ceremony.

The participants could undertake clinical visits including general hospitals, rehabilitation centres, private practices and a clinical research laboratory. There were also very pleasant and captivating social activities which gave plenty of opportunity to explore Vancouver and the surrounding areas.

At the WCPT general meeting with the representative delegates of 93 countries and chairpersons of the other subgroups of WCPT, Olwen Finlay (past chair of IPTOP) was awarded an “International Leadership Award”. Also at the meeting, 8 new countries were recognized as members of WCPT which now has 101 member countries.

The end of the conference was marked with a Gala Diner held at the historic Hotel Vancouver. The WCPT’s inaugural international awards were announced and presented and recipients included Amanda Squires (UK) and Nancy Prickett (USA) both from IPTOP as well as Brian Mulligan and Robin McKenzie from New Zealand, Isao Nara from Japan, Dele Amosun from South Africa, Pedro Mancilla from Chile for their distinguished role and achievements in international physical therapy education, practice, research, administration, and policy development. The Humanitarian Award went to Italian physiotherapists Alberto Cairo who, with the International Committee of the Red Cross, has helped people recover from the effects of war in Afghanistan since 1989.

Feliz Can, IPTOP Chair

General Information

IPTOP web page (please send your comments on this item to Neva Greenwald (treasurer@iptop.wcpt.org)

We now have our own web page within the WCPT website. It can be accessed direct through www.iptop.wcpt.org or via the WCPT website www.wcpt.org. Each officer (eg chair@iptop.wcpt.org) and each member organisation representative (eg germany@iptop.wcpt.org) has an IPTOP address with mail automatically redirected to personal e-mails. These are all listed on the front page of the site. Our web page has 5 sections: contact details; about IPTOP (our leaflet); Newsletters---current and past; Meeting notes; and Conferences. Please encourage members to visit the IPTOP *and* WCPT websites.

Officers and member organisation representatives are advised to install a Spam Catcher to block unwanted use of our IPTOP e-mail addresses.

IPTOP resources (please send your comments on this item to Leah Weinberg @iptop.wcpt.)

During the IPTOP general meeting in Vancouver, the area of resources for members was explored. I was appointed to lead this work. The objective is to build up an electronic resource base accessible from the IPTOP web site and advertised in the newsletter. I would be grateful to hear from anyone wishing to contribute to this work.

The first references are as follows:

<http://www.ipe.utoronto.ca>

[://www.hc-sc.gc.ca/hcs-sss/hhr-rhs/strateg/interprof/chap-10_e](http://www.hc-sc.gc.ca/hcs-sss/hhr-rhs/strateg/interprof/chap-10_e).

[://www.umanitoba.ca/outreach/iegc/index](http://www.umanitoba.ca/outreach/iegc/index).

These resources have links to information about interprofessional education for collaborative patient-centred practice. The one for the University of Manitoba is focussed on geriatric care. These sites are very informative about the growing movement on interprofessional education for collaborative patient-centred practice.

There is also a Canadian Interprofessional Health Collaborative [://www.chic.ca/](http://www.chic.ca/) that is of interest and a similar organization in the United Kingdom <http://www.caipe.org.uk>

IPTOP research (please send your comments on this item to Jennifer Bottomley (vicechair@iptop.wcpt.org)

During the IPTOP general meeting in Vancouver, the area of research opportunities was explored. I was appointed to lead this work. Two areas of discussion for future activities in the area of research included:

1. The establishment of an International Data Collection
2. The provision of international research opportunities for individuals pursuing a PhD, DPT (U.S), or advanced Masters degrees.

IPTOP's leadership discussed establishing a mechanism for creating this International Data Base and means of providing information/research data base to those interested. The goals of the current research initiatives are as follows:

Facilitate the member's ability to identify and integrate best evidence in clinical geriatric practice.

- Work with each representative countries Research committees to help identify geriatric related priorities
- List to be developed for IPTOP members

Positively influence the direction of IPTOP and each country represented in addressing the research needs of the older adult.

- Increase member participation in establishing international research data base
- Increase IPTOP participation presenting research initiatives in the efforts towards evidence-based practice
- throughout the world
- Suggestion: Identify an international task force to develop an international data base in research for the older adult
- Increase international outreach to increase member awareness and participation in International Organizations of IPTOP research projects
- Promote IPTOP member participation (as speakers/presenters) in the next WCPT.

I would be grateful to hear from anyone wishing to contribute to this work.

Conferences (contributions to [@iptop.wcpt.](#))

IPTOP Conference 2008 linked to Member Organisation Conferences (offers please to Filiz chair@iptop.wcpt.org) (see below “IPTOP conferences – links to Member Organisation Conferences”)

To date we have had excellent joint conferences with Irish, Australian and Turkish member associations.

IPTOP conferences – linked to Member Organisation Conferences

IPTOP as an International organisation of Physical Therapists working with Older People encourages collaboration between its member organisations. Member organisations are from each of the World Confederation of Physical Therapists Regions except Africa and S America, (as yet there are no special interest groups working with older people yet established) and represents member organisations at differing stages of development when working with older people. The constitution requires a four yearly meeting to be held in conjunction with the WCPT congress.

To facilitate business progress and ensure members organisations in all regions have an opportunity to cost effectively participate in the organisation, IPTOP seeks invitations from member organisations willing to collaborate with IPTOP to include a meeting within their programme so members can attend a local annual conference and an IPTOP meeting.

The Purpose of this briefing: To provide guidance to member Organisations interested in adding an international dimension to their congress by holding it in collaboration with IPTOP.

Collaboration means: Some IPTOP involvement in the programme planning; Time for an IPTOP delegate meeting; IPTOP assistance in promotion.

Organisation: The organisation, funding and profit from the national conference remain that of the organising country. However, IPTOP may be able to provide help with organisation and will negotiate in advance a pro rata share of any profit.

Benefits to Host Organisation; increased participation---international delegates attend on same basis and for the same fee as national delegates; international profile; possibility of increased national profile; opportunity for local members to expand international contacts.

Benefits to IPTOP: Expand awareness of, and increase participation in, IPTOP; facilitates progress of business; helps to build the financial resources of IPTOP; IPTOP members may be international experts. National members also have the unique opportunity to meet and share professional knowledge both formally and informally with international colleagues.

Financial issues: negotiate a pro rata organisation fee to IPTOP e.g. % of the delegate fee (or perhaps the international delegate fee); seek sources of funding to assist delegates from organisations that would not otherwise be represented. Any financial help that the national organisers can obtain to enable IPTOP members from organisations, which normally could not afford to sponsor a delegate within its region to attend the conference, would be much appreciated, and equitable allocation would be managed by IPTOP.

Contact Feliz Can (chair@iptop.wcpt.org) for more information.

CPD and Education

International continuing professional development for physical therapists working with older people.

Collaboration between WCPT and the United Nations Institute on Ageing has resulted in a two week residential course curriculum with the following aims, objectives and themes:

Aims: 1. To improve the healthcare of older persons by developing relevant PT attitudes, knowledge and skills
2. To develop PT skills to influence policy both locally and nationally

Objectives 1. To increase awareness of and sensitivity to the process of aging and its implications
2. To adopt realistic and professional attitudes
3. To highlight the need for
a. a comprehensive approach to the care of older persons
b. a multidisciplinary approach
c. community oriented health services
4. To promote the value of physical therapy services for older persons.

Themes: Demography and epidemiology
Aging---biological, psychological, social,
Health services, health promotion, illness prevention, community and government support
Physiotherapy specific including legal and ethical issues
Leadership, communication, negotiation, education and training skills.

The course is presented as formal lectures and facilitated learning followed by small group work. It is not a clinical practice course. Participants are encouraged to share their own areas of expertise formally and informally. Each course ends with each participant presenting their action plan for a work based project which is followed up by the tutors. Two courses have been held (1993 for physiotherapists, 1997 for physiotherapists and occupational therapists) both hosted by Malta. All students found it beneficial, especially the opportunity to be with colleagues from the same speciality for an extended period. Students stated "*it was enriching, inspiring and confidence building*".

Further courses for can be arranged by IPTOP. Requesting countries should consider the following:

1. The programme is delivered in the country/region requesting it.
2. Allow 2 years set up time from IPTOP agreement to proceed. Consider pre/post WCPT/IPTOP conference.
3. ➤ Presentations will be by an international core tutor group with local academic and physiotherapy specialist tutors
4. Educational credits may be pursued locally by the requesting country/region
5. A local "clerk to the course" is required to liaise with the IPTOP course organiser
6. ➤ Advertising is the responsibility of the requesting country
7. Consider joining with another relevant profession (eg OT) to increase numbers, expertise and impact
8. ➤ The language is English in which participants must be fluent in both understanding and speaking (a comprehensive interpretation service to be included in costs might be considered)
9. A steering group (IPTOP course leader, course clerk and representative of joining profession if relevant) agree a course plan with dates, tasks and responsibilities; adapt the course length to meet local needs *although the full course is internationally recommended*; revise the curriculum; select tutors; manage the course.
10. ➤ A telephone conference call with core tutors and steering group will be needed at the early planning stage
11. ➤ Steering group will meet with core tutors preferably AT the facility 3 months prior to the event to finalise programme and participants.
12. The minimum 20/maximum 30 participants are chosen on level of experience, international (work/leisure) experience, active participation, ability to cascade knowledge, ability to influence policy makers and/or teach other physical therapists, and geographical coverage.
13. ➤ The programme should include professional and cultural visits and opening/closing by a "high level" figure
14. ➤ Accommodation should have individual study bedrooms, restaurant, main conference room with full a/v facilities and 6 break out rooms (number dependent on course size), photocopy facilities, recreation facilities.
15. All costs (e.g. ➤ bullets) are born by the requesting country. Costs to participants should cover their accommodation and all meals plus apportioned full conference overheads (i.e. administration, tutor travel/accommodation/meals etc).
16. Grants and bursaries may be sought by the requesting country/region from e.g. professional bodies, government departments, and charities.
17. The requesting country may wish to consider a feedback presentation at next WCPT/IPTOP conference.

Further information from IPTOP editor, Amanda Squires, editor@iptop.wcpt.org

Editor---Professor Amanda Squires (UK) (editor@iptop.wcpt.org)

Next edition details Copy date for the next edition is February 2008. The editorial board retains editorial rights. Length for a "feature" article is 1,000 words. We welcome world news (200 words) from member countries, conference information and contributions from the Committee as relevant. Contributions should be in English language and WORD format with references in Harvard Style and sent by e: mail to the editor

Summary of IPTOP objectives

Priority	Objective	Lead	Detail
1	Objectives	Amanda and Jill	Develop objectives for each member of executive
1a		Jill	Update quarterly
2	Communication sheet	Jill	First draft 15/6/07 (Olwen)
2a		Jill	Update web contact list
2b		Jill	Provide definitive list to executive
3	Conference 2008	Filiz	To seek agreement from a member organisation to include IPTOP
4	WCPT link	Filiz	Establish links with WCPT
5	Minutes	Jill	From Committee meeting 6/06/07
5a	Minutes	Amanda	From AGM
6	Sponsorship/advertising	Jennifer & Neva	Set rate for ¼ . ½ and whole page in newsletter.
6a	“	Jennifer & Neva	Assemble a list of potential sponsors/ advertisers from membership through Exec Committee Act as the <u>sole liaison</u> with these bodies regarding advertising
6b	“	Jennifer & Neva	Obtain adverts ready for inclusion in next Newsletter
7	International resource	Leah	Build up an electronic resource base accessible from web site and advertised in newsletter
8	Newsletter	Amanda	Publish twice yearly Autumn and Spring
9	Website	Neva	Review/ liase with Rachel Moore re updates of membership names.
10	New member organisation	Neva	To encourage the setting up of new member organisations. Priority countries to target are India, China, Africa
11	CPD/Education	Jennifer & Nancy	India January 2009
12	Promotion of IPTOP and Services it provides	Filiz	Upwards to WCPT; Outwards to member bodies and new members to promote the newsletter & CPD opportunities
13	Newsletter policy	Jennifer	Members commitment document US version to be circulated to Exec Committee. Needs sign off at next IPTOP general meeting
14	Constitution	Filiz & Olwen	Review in line with WCPT requirements. Consider 2 Vice Presidents and prepare for agreement at next IPTOP general meeting
15	Other international disciplines	Jennie & Leah	To establish liaison/cooperation with similar international bodies especially: International OT; International nursing; International medical; INIA (nb WCPT link)
16	Research	Jennifer	To co ordinate research projects, setting protocols, reviewing submissions
17	EBP/Specialisation	Bhanu	To collate examples of Standards of Practice in member counties for PT with older People
17a	“		Examples of EBP
17b	“		Specialisation is it working or not in member countries?
18	Carers and elders	Filiz	Establish contact with international organisations representing elders and carers UN has standards and organisational outline to ensure the IPTOP principles conform
19	2008 Annual report	Filiz and Jill	Ensure a timely and high quality annual report
20	Leaflet	Amanda and Jill	Update current leaflet and place on webpage and provide hard copies for general membership use
21	Business cards	Olwen, Amanda and Jill	Provide timeless cards. Olwen to send examples to Amanda and decision to be made for future format
22	Conference 2009	Filiz	To get agreement from a member organisation to include IPTOP
23	Conference 2010	Filiz	To get agreement from a member organisation to include IPTOP
24	Conference 2011--- WCPT Amsterdam	Filiz	To become involved with Conference planning (WCPT)
24a	“		Plan IPTOP programme within WCPT schedule
24b	“		Organise an IPTOP Business meeting, Exec Committee meeting
24c	“		A possible Pre conference course
24d	“		An IPTOP Social event
25	WCPT Sub group reconfirmation (4 yearly)	Filiz and Jill	To send to Brenda Myers IPTOP documentation

The full version together with timescales and quarterly progress is available from secretary@iptop.wcpt.org

2007 communication sheet (please contact @iptoip.wcpt.org regarding any changes/problems)

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