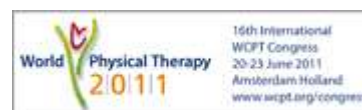


WPT2011 Satellite Programme



Current insights in diagnosis, treatment and prevention of ankle injuries

Time	Topic	Speaker
8.30 – 9.00	Registration	
Acute Ankle Injuries		
9.00 -10.30	<ul style="list-style-type: none"> • Introduction (course objectives) • Anatomy, epidemiology, risk factors • Diagnosis: ligament distorsion, ligament rupture, signs of fracture 	Philip van der Wees Erik Witvrouw Evert Verhagen
Break		
11.00 – 12.30	<ul style="list-style-type: none"> • Treatment: different treatment strategies; functional, immobilization, surgical • Prevention: brace and balance training • Case example and practical application 	Evert Verhagen Philip van der Wees
Break		
Chronic Ankle Instability (CAI)		
13.30- 15.00	<ul style="list-style-type: none"> • Differential diagnosis for CAI • Evaluation of impaired dynamic postural control • Training of propriocepis 	Peter Vaes Robert van Cingel Erik Witvrouw
Break		
15.30-17.30	<ul style="list-style-type: none"> • Cognitive-motor flexibility • Case example and practical application 	Robert van Cingel Peter Vaes
17.30	Close	