

## WPT2011 Satellite Programme



### Cardiothoracic Surgery Precautions vs. Optimizing Rehabilitation: Future Directions for Patient Management Across Practice Settings

Time	Topic	Speaker
8.00 – 8.30	Registration	
8.30 – 8.40	Introduction	Dr. Tanya LaPier
8.40 – 9.00	Chest Wall Anatomy & Biomechanics	Dr. Andrew Hirschhorn
9.00 – 9.30	Overview of Surgical Procedures & Sternotomy Complications	Dr. Tanya LaPier
9.30-10.00	Sternal Precautions – Various Practice Patterns	Dr. Tanya LaPier & Dr. Andrew Hirschhorn
10.00-10.20	Effects of Sternotomy on Function and Participation (Part 1)	Dr. Andrew Hirschhorn
10.20 – 10.30	Break	
10.30 – 11.00	Effects of Sternotomy on Function and Participation (Part 2)	Dr. Tanya LaPier
11.00 – 11.20	Clinical Assessment of Median Sternotomy Associated Problems	Dr. Andrew Hirschhorn
11.20 – 11.50	Clinical Treatment/Prevention Strategies of Median Sternotomy Associate Problems	Dr. Tanya LaPier & Dr. Andrew Hirschhorn
11.50 – 12.10	Best Practice / Clinical Practice Guidelines with Patient Case Applications	Dr. Tanya LaPier
12.10 – 12.30	Group Discussion and Course Summary	Dr. Tanya LaPier, Dr. Andrew Hirschhorn, and course participants

Due to abridged course schedule several follow-up educational pieces will be included:

- 1) Course participants will be given a DVD with resources (outcome measures, reference journal articles...) so that they can easily access and review additional materials post-congress.
- 2) A brief survey of sternal precaution practices will be completed by all willing participants and the results will be collated and distributed by e-mail to course participants post-congress.
- 3) A transcript of the Group Discussion will be generated and also be distributed by e-mail to course participants post-congress.