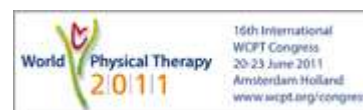


WPT2011 Satellite Programme



Automatic Core Engagement: Facilitating A Functional Core Response Through Dynamic Postures And Motor Control

Time	Topic	Speaker
8.30 – 9.00	Registration	
9.00 -9:30	Overview of Functional Manual Therapy and the interrelationship between the mechanical, neuromuscular, and motor control systems and discussion of current literature to the ACE approach	Vicky Saliba Johnson, PT
9:30 – 10:00	Presentation of objective evaluation procedures for predicting the automatic core response in a patient in standing and three functional test to evaluate the ability of the patient to automatically engage the core in standing	Vicky Saliba Johnson, PT and Gregory S. Johnson, PT
10:00 – 10:30	Practice of the functional test in standing as an assessment of the patient's automatic core engagement prior to training	Supervised by Vicky Saliba Johnson, PT and Gregory S. Johnson, PT
10:30 – 10:45	Break	
10:45 – 11:15	Presentation of the functional test used in sitting to demonstrate the presences or absence of an efficient core engagement coupled with the presentation of postural correction techniques which promote the automatic core engagement	Vicky Saliba Johnson, PT and Gregory S. Johnson, PT
11:15 – 12:00	Practice of the postural correction techniques which promote the automatic core engagement in sitting	Supervised by Vicky Saliba Johnson, PT and Gregory S. Johnson, PT
12:00 – 1:00	Lunch	
1:00 – 1:30	Presentation of objective evaluation procedures for predicting the automatic core response in a patient in standing and the demonstration of postural correction techniques which enhance the patient's ability to automatically engage the core in standing.	Gregory S. Johnson, PT and Vicky Saliba Johnson, PT
1:30 – 2:00	Practice of standing evaluation and correction techniques	Supervised by Vicky and Gregory Johnson
2:00 – 2:30	Demonstration of weight acceptance techniques to facilitate the automatic activation of the core	Vicky Saliba Johnson, PT and Gregory S. Johnson, PT
2:30 – 3:00	Practice of weight acceptance training	Supervised by Vicky and Gregory Johnson
3:00 – 3:15	Break	
3:15 – 3:45	Utilization of a class participants to demonstrate the assessment and treatment skills presented	Gregory S. Johnson, PT and Vicky Saliba Johnson, PT
3:45 – 4:30	Demonstration of manual facilitation techniques to facilitate an automatic, non-cognitive activation of the trunk stabilizers on participants who present with trunk instability	Vicky Saliba Johnson, PT
4:30 – 5:00	Practice of manual facilitation techniques for automatic non-cognitive facilitation of the core	Supervised by Vicky Saliba Johnson and Gregory S. Johnson, PT
17.30	Close	