

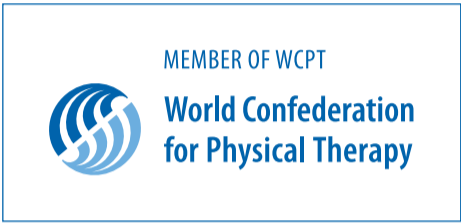


AUSTRALIAN PHYSIOTHERAPY ASSOCIATION

Australian Physiotherapy Association (APA) members have been helping Australians move well and stay well for over 100 years.

Physiotherapy

Move well. Stay well.



As experts in movement and function, physiotherapists encourage and assist people of all ages to participate in safe physical activity, in order to prevent a range of problems and diseases. Physiotherapists work in partnership with you to teach you how to manage you own health, and to improve your wellbeing and quality of life. They assist people with movement disorders which may have been present from birth, acquired through accident or injury, or are the result of ageing or life changing events.

As first contact practitioners, a doctor's referral is not necessary to see a physiotherapist. Your physiotherapist will assess your condition, diagnose the problem, and help you understand and manage the problem, often working with your doctor and other health professionals. Your treatment plan will take into account your lifestyle, leisure activities and general health.



About APA physiotherapists

The Australian Physiotherapy Association (APA) is the peak body representing the interests of Australian physiotherapists and their patients. In Australia, there are over 15 000 registered physiotherapists and more than 12 000 members of the APA.

By choosing an APA member as your physiotherapist, you'll be choosing a physiotherapist who has made a commitment to continuing professional education, and abides by a Code of Conduct and other APA policies that support the highest standards of practice and behaviour.

Many physiotherapists have also undertaken additional study in order to specialise in specific clinical areas.

For further information visit www.physiotherapy.asn.au