

The International Organization of Physical Therapists in Paediatrics Statement on Practice

The International Organization of Physical Therapists in Paediatrics promotes practice that is evidence based ¹ and supports the rights of the child and the family. ²⁻⁵

Evidence based practice (EBP) — is an approach to practice wherein health professionals use the best available evidence from systematic research, integrating it with clinical expertise to make clinical decisions for service users, who may be individual patients/clients, carers and communities/populations. Research evidence includes, but is not limited to, meta-analyses, systematic reviews of randomised controlled trials (RCTs), individual RCTs, systematic reviews of cohort studies, individual cohort studies, outcomes research, systematic reviews of case-control studies, individual case-control studies, case-series and expert opinion. EBP values, enhances and builds on clinical expertise, knowledge of disease mechanisms, and pathophysiology. It involves complex and conscientious decision-making based not only on the available evidence but also on patient characteristics, situations, and preferences. It recognises that health services are individualised and ever changing and involves uncertainties and probabilities. ⁶⁻⁸

References

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6. Evidence Based Medicine Working Group. Evidence-based medicine. A new approach to teaching the practice of medicine. *JAMA : the journal of the American Medical Association*. Nov 4 1992;268(17):2420-2425.
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