World Physiotherapy Day was established by WCPT (World Congress of Physical Therapy) since 1996 to commemorate its founding after its inaugural meeting in 1951 in Copenhagen, Denmark. On 8th September 1951, there were delegates from 14 national physical therapy organisations including 11 founding bodies and several others that were working toward membership. Since then 8th of September became an opportunity for all physiotherapists from all over the world to raise awareness about their crucial role in keeping people well, mobile and independent.

This year, the council has decided to centre the celebrations around the theme “I Love My Physio”. This theme is the association’s salutation to the selfless and dedicated work of all physiotherapists in Singapore and also to show our patients gratitude to important work that we do.

Our existence centres around improving patients’ lives and it is only apt that our Physiotherapy Day should focus at around how Physiotherapists improve the lives of the people we touch and pay tribute to the special relationship between our patients and us.

On this special day, let me represent the Association to thank each and every one of you for the valued to our society and for being the flagbearer for our noble profession. Happy Physiotherapy Day!

Yours truly,

Hsien Chih
President
Singapore Physiotherapy Association

P.S. Please help me congratulate your fellow colleagues by giving them a firm handshake and a big pat on their backs on this very special day.