President’s Message

Spring 2014 — IPTOP continues to grow since our last Newsletter and we have much to report!

We are delighted to welcome Hungary as a new member of IPTOP. Currently, the following countries are members of IPTOP: Australia, Belgium, Canada, Finland, Hungary, Iceland, Ireland, The Netherlands, New Zealand, Norway, South Africa, Switzerland, Turkey, The United Kingdom and The USA. It is very exciting that the representatives of the field of Geriatrics in Physical Therapy continue to grow around the world.

The International Physical Therapy Conference occurred in Boston, Massachusetts April 26-28, 2013 – a jointly coordinated educational and member gathering with the International Organisation of Physical Therapists in Women’s Health (IOPTWH) and the International Organisation of Physical Therapists working with Older People (IPTOP). What a success it was! Summaries of this successful event appeared in the last Newsletter. Many of the actions discussed during the meeting in Boston have been initiated and implemented since that gathering.

(Continued on page 2)
We have a new Newsletter Editor, Dr. Marilyn Miller, whom many of you have met at WCPT and IPTOP events over the years. Marilyn was instrumental in the early development of IPTOP. One of her goals is the formation of an Editorial Board to assist in the bi-annual publication of the IPTOP Newsletter. Marilyn will be assisted by a recent graduate, Katelyn Sobotka, who produced a similar newsletter while a student, and you’ll notice a slightly different look to the Newsletter as we evolve. We hope you’ll provide your input, thoughts and insight on each issue as we want the Newsletter to meet your needs. We are always looking for contributions to the Newsletter – so please assist us in enhancing the publication by submitting news items and clinically oriented articles.

The Country Representatives have been working hard. Many attended the Boston conference, we’ve established a Research Committee (more information on this in the newsletter), a Communication Committee (whom are exploring the use of Facebook, Linked-In, etc as alternative modes of communication – progress reported in this newsletter), and we are looking to create a Finance Committee. As with the Research and Communication Committees, the specifics for volunteers to the Finance Committee are included in this newsletter.

Over the past two years, the Executive Board has established closer links with each of our member countries by establishing Skype call communication every three months. These meetings with the Country Representatives have been very productive, enhancing communication and expediting the completion of tasks and projects.

A membership orientation packet is now available on request to assist both new and established representatives, this is available from secretary@iptop.wcpt.org. Additionally, we created the advisory position of Patron to tap into the wisdom of those past leaders and founders of IPTOP in guiding us into the future. Olwen Finlay, originating president of IPTOP serves in that role and has been instrumental in establishing links of communication with countries interested in geriatric physical therapy and membership in IPTOP.

Our next conference and IPTOP member meeting will be during the WCPT conference in Singapore in May 2015. Many IPTOP representatives will be attending a conference in Rotterdam in September 2014. Hans Hobbelen and myself have submitted a proposal for a course on Movement Disorders in Dementia, and have been accepted to present during the EUNAAPA conference. Additionally, the Dutch PT Society will be holding their meeting in conjunction with the EUNAAPA event. Both of these events will offer many opportunities for education and networking. The EUNAAPA information is provided in this newsletter. You can also contact Hans Hobbelen for further details at hhobbelen@iae.nl. The specifics of our involvement in the Rotterdam conferences are pending, so keep your eye on the IPTOP website for further information regarding these conferences.

Our website is always changing – new information added to keep our membership on top of events and issues, so visit www.wcpt.org/iptop frequently. IPTOP is in a continual state of evolution and growth, and we are looking for your input and participation. There are still many challenges and opportunities ahead. I look forward to interacting with each and every one of you.

In the upcoming 2015 WCPT Congress in Singapore, IPTOP will hold elections for office. All posts are up for election, and though incumbents may be slated for re-election, I encourage each of you to consider running for a post with IPTOP. You will be hearing more from us during the run up to this event, but for now, sit back and enjoy reading about IPTOP’s recent activities.

Jennifer M. Bottomley, PhD, MS, PT
President, IPTOP (president@iptop.wcpt.org)
# IPTOP Objectives List—Updated January 2014

Items completed and so removed from the original list (June 2007): 1,3,5,8,13,14,17,20,21,22,23 and 24.

<table>
<thead>
<tr>
<th>Priority</th>
<th>Objective</th>
<th>Details</th>
<th>Progress as of Jan. 2014</th>
</tr>
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<tbody>
<tr>
<td>2</td>
<td>Communication sheet with contact names</td>
<td>Leads: Jill, Bhanu  &lt;br&gt; Keep up to date and circulate to the Exec. Committee.  &lt;br&gt; Make and keep up to date all contact changes on the IPTOP website.</td>
<td>Ongoing. Updated Jan. 2014.</td>
</tr>
<tr>
<td>4</td>
<td>WCPT link</td>
<td>Lead: Jennifer  &lt;br&gt; Be the IPTOP contact person with WCPT.  &lt;br&gt; Ensure Jill as VP is copied in all correspondence.</td>
<td>Ongoing. Two points of contact agreed with WCPT.</td>
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<td>6</td>
<td>Sponsorship and advertising</td>
<td>Lead: Nancy  &lt;br&gt; Assemble a list of potential advertisers.  &lt;br&gt; Act as the sole liaison with these bodies regarding advertising.  &lt;br&gt; Guidelines around Sponsorship of IPTOP.</td>
<td>Ongoing review. Completed April 2013. Part of the revised Policy Book.</td>
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<td>7</td>
<td>International resources</td>
<td>Leads: Bhanu  &lt;br&gt; Build an electronic data base of information which can be accessed on the web site and also in the IPTOP Newsletter.</td>
<td>Ongoing. Resources and information are available on the IPTOP web site.</td>
</tr>
<tr>
<td>9</td>
<td>Website</td>
<td>Lead: Bhanu  &lt;br&gt; Review the IPTOP site and keep it updated.</td>
<td>Ongoing. Website reviewed 1st January 2014.</td>
</tr>
<tr>
<td>10</td>
<td>New member organizations</td>
<td>Leads: Jennifer, Nancy  &lt;br&gt; Encourage new member countries to join IPTOP.</td>
<td>Ongoing.</td>
</tr>
<tr>
<td>12</td>
<td>Promotion of IPTOP and the services it provides</td>
<td>Lead: Jennifer  &lt;br&gt; Upwards to WCPT and outwards to member organisations through the Newsletter and CPD opportunities.</td>
<td>Ongoing.</td>
</tr>
<tr>
<td>15</td>
<td>Other international disciplines</td>
<td>Leads: Jennifer  &lt;br&gt; Establish links with similar international bodies especially OT, Nursing, and Medical.</td>
<td>Ongoing.</td>
</tr>
<tr>
<td>16</td>
<td>Research</td>
<td>Lead: Jennifer  &lt;br&gt; Coordinate research protocols.  &lt;br&gt; Review submissions.</td>
<td>Ongoing.</td>
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</table>
| 18       | Carers and elders | Lead: Jennifer  
Contact international organisations representing Older People to ensure IPTOP principles conform. | Ongoing. Contact made with EUNAAPA. |
| 19       | Annual reports | Leads: Jennifer, Jill  
Timely production of this annual report with circulation to the Exec. committee and forward to WCPT by December 31st each year. | Ongoing. Annual report for 2013 submitted to WCPT. |
| 25       | Sub group reconfirmation (4 yearly) | Leads: Jennifer, Jill  
Send to WCPT before Singapore 2015. | To be completed in 2015. |
| 26       | Rotterdam 2014 | Leads: Jennifer, Jill  
Plan content of IPTOP program.  
Seek sponsorship.  
Organize an IPTOP general meeting. | Ongoing. Initial planning started.  
To be completed June 2014. |
| 27       | WCPT Singapore 2015 | Leads: Jennifer, Jill  
Plan IPTOP’s input to WCPT Congress.  
Plan a pre Congress IPTOP education day.  
Seek sponsorship.  
Organise an IPTOP General meeting.  
Plan IPTOP social events.  
Organise a stand for IPTOP within the Congress hall.  
Prepare for Awards nominations both WCPT and IPTOP. | Submission sent to WCPT  
Focused Symposium not successful.  
Other aspects ongoing: outline plan of Education Day to WCPT on 2/14/2014, in discussion with WCPT re: social events, information sent to MCR’s on how to nominate to both awards.  
To be completed Dec. 2014. |
| 28       | IPTOP Planning Timetable | Lead: Jill  
Listed IPTOP responsibilities with named Exec. Committee members who are responsible and recurrent deadline dates for completion. | To be reviewed every six months. Started Jan. 2012, last review Jan. 2014. |
| 29       | Welcome Pack | Lead: Jill  
An introductory summary for new IPTOP member countries. | Completed. To be reviewed every six months. Updated Jan. 2014. |
| 30       | Newsletter | Lead: Marilyn  
Looking for Finance Committee Volunteers!

IPTOP is looking for volunteers to join the financial team led by Treasurer, Nancy Prickett. Member countries may submit names and curriculum vitae/resumes of their members who have had some financial/treasurer experience with professional groups. The purpose of the team is to advise the IPTOP executive committee regarding dues amounts, annual budget, finance management and oversee annual audits. All work will be done via the internet. Potential volunteers should submit their name and curriculum vitae to Nancy Prickett, IPTOP Treasurer, email address treasurer@iptop.wcpt.net. Take this opportunity to personally and professionally grow with IPTOP. Please contact Nancy at the email address above with any questions regarding this position.

Communication Committee Report

The IPTOP Communication Committee's goal is to improve communication between 1) IPTOP member country representatives (MCR), 2) IPTOP member countries and their physical therapists and 3) IPTOP and physical therapists working with older adults all around the world. Our assessment of the current state of IPTOP communication reveals 2 major modes: a number of fixed webpages within the WCPT.org structure and a biennial newsletter. The disadvantages of these modes include limited customization and updates on the webpages, and the fixed distribution of the newsletter which does not always allow for communication of time-restricted information (e.g. conferences, calls for proposals). Also, both modes may limit communication only to those who seek out the information.

To try to improve existing communication modes and potentially develop new ones, the Communication Committee created a survey for MCRs to complete regarding the structure of their country's physical therapy professional organizations and how they communicate with geriatric physical therapists in their country. The survey also asked MCRs about their familiarity and use of email news blasts, Twitter, and Facebook. The results of the survey included insight into mechanisms of communication in member countries and revealed that most MCRs prefer a system of email news blasts with secondary preferences of Facebook and Twitter. A picture of each MCR and a summary of the information provided will be finalized and published on the IPTOP webpage.

The Communication Committee will be meeting soon to discuss the process of developing an email blast (e.g. how to gather information, time-frames for the emails, etc.). At this meeting the committee will ask to include the new IPTOP newsletter editor, Marilyn Miller, to discuss how the email blast would be different and/or support the information that is presented in the biennial newsletter. It is imperative not to present duplicate information (unless its thoughtful) and not to create an undue burden on MCRs and Communication Committee members.

Submitted by Lisa Dehner, US Representative.

Research Committee Update

The Research Subgroup of IPTOP has developed an original questionnaire to gain insight into ongoing research related to geriatric physical therapy in each member country and the possible role IPTOP can play in the future in research worldwide.

The Research Subgroup has received information about European projects and is looking into the possibility of having an IPTOP project as an international European project which must be included in at least 4 member countries of IPTOP. Erasmus Plus project program for the research project was found to be most appropriate program for IPTOP. The next step of the research subgroup is to find out all details about the European project and combine this with the feedback from the response on the questionnaire.

On behalf of IPTOP, Research Committee has decided to take a part in Validation Panel for the “Historical Milestones of the Development of the Physiotherapy Profession” came from António Manuel Fernandes Lopes from Portugal . This study will be a large and diversified validation panel to achieve a consensus around the relevant milestones that should be considered in order to describe the development of the physiotherapy profession.

Submitted by Filiz Can & Hans Hobbelen, Research Committee members.
Update from Ireland

The CPNG (Chartered Physiotherapists in Neurology and Gerontology) continues to organize continuous professional development opportunities for its 200 members. Our evening lectures run four times a year, and we are in the final stages of organizing weekend courses and our AGM over the next few months. We are always looking for interesting speakers for our courses and would be open to developing links with international groups to deliver the highest quality of evidence-based practice to our members. The committee is currently reviewing applications for research bursaries that are awarded annually.

The CPNG made a successful application to the Health Services Executive last year to support a number of physiotherapists to travel to Holland for training in the new European Parkinson’s guidelines. One of our aims for the following year is to run courses nationally to disseminate this information.

Within the last year, our membership has been active in the planning stages of the National Dementia Strategy, and we are delighted to have physiotherapy input at this stage. Following on from this, the ISCP has been asked to nominate a physiotherapist to sit on the advisory boards of the Irish Alzheimer’s Society and the Dementia Services Information and Development Service. We would be keen to develop links with physiotherapists in other countries that have similar advisory roles in the area of dementia.

Submitted by Fiona Crehan, Irish Representative.

Update from The Netherlands

The Dutch Association for geriatric physical therapy (NVFG) was founded in 1975 as an official subgroup of the Royal Dutch Association for Physical Therapy (KNGF). After several years with just four board members, three new members were recruited last year. Unfortunately Dieneké van Os, the secretary, stepped down due to possible future conflicting interests between the board and her new job at the KNGF headquarters. So the NVFG will start 2014 with a new secretary Laura den Boeß, a young and ambitious master physiotherapist in geriatrics working in a nursing home. Another young new board member is Lotte Kunst, also a master PT in geriatrics working in a nursing home, with also a private practice facility for elderly at home. The third newcomer is Louis Nijhuis, a very experienced PT in geriatrics with a vast knowledge on private practices, law, health insurance and the payment system in the Netherlands. The board is completed with Ronald Valk as Treasurer, Hans Hobbelen as Member and Marije Lubbers as President.

The NVFG currently has 620 members. In 2013 the NVFG supported several scientific research projects on geriatric physiotherapy with small grants. Furthermore a workgroup was formed to establish a new geriatric physiotherapy professional profile. This profile will be finished in the spring of 2014. In 2013 the NVFG supported the Dutch translation and validation of the OTAGO exercise falls prevention program—all NVFG members received a free copy of the printed booklet. The NVFG was an active participant in the development of a “movement-module” for nursing homes with the goal of enhancing the daily activities of nursing home residents.

Continued on page 7.
On February 13th 2014 the NVFG participated for the third time at the national geriatrics day, a day with invited workshops and a multidisciplinary focus. We organized two workshops; one about the Dutch translation of the OTAGO exercise book (translated by the NVFG in 2013) and one about an e-health development called the “Di-fiets à", a bike ergometer with a view screen playing a local bike-route.

On September 17th-19th the European Geriatrics Medical Science Congress (EUGMS) will be held in Rotterdam. IPTOP/NVFG proposed a 90 minute symposium on movement disorders in dementia along with a general proposal with another European group on healthy ageing (EUNAAPA). The NVFG has decided to have their own annual congress also on Friday September 19th alongside the EUGMS congress in the same venue. It will be a Dutch congress with some international speakers. The theme of the NVFG congress will be '2014 the year of the brain’ with three subthemes; neurorehabilitation, dementia and social factors in frailty. We are looking forward to welcoming Jennifer at the NVFG congress.

Submitted by Hans Hobbelen, Dutch Representative.

Update from The United Kingdom

AGILE is a professional network of the Chartered Society of Physiotherapy in the United Kingdom, whose website is http://agile.csp.org.uk. Having ended 2013 with 664 members, we are already up to 381 renewals in 2014. The group aims to assist members in delivering the highest possible practice with older people through:

- Promoting high standards through education, research, and efficient service delivery
- Providing a supportive environment, facilitating the exchange of ideas and information
- Encouraging and coordinating relevant activities regionally and nationally

AGILE continues to contribute in valid projects (see http://agile.csp.org.uk/projects), the latest being an Ageing Well set of pages for the Chartered Society of Physiotherapy “Physiotherapy Works” project. You can see the pages at http://www.csp.org.uk/your-health/ageing-well-physiotherapy. We also have a Twitter account managed successfully by AGILE’s Chair (@AGILEChair), and a facebook site at https://www.facebook.com/pages/AGILE/500546586643746. Followers and friends – especially other IPTOP members – would be welcomed!

This year a series of regional study days are being held at six venues across the UK, and are being facilitated by Ed Wilson. The topics are soft-touch trigger point treatment with the older person; details can be found on the AGILE website events page at http://agile.csp.org.uk/network-events. Also this year, we will be participating in the CSP’s annual conference in October – the theme “Living longer, living well” is explored in detail across four topics: community rehabilitation, learning and development, musculoskeletal, and neurology.

Submitted by Bhanu Ramaswamy, UK Representative.

Congratulations Nancy!

The IPTOP family would like to extend a warm congratulations to Nancy Prickett, our Treasurer, on her appointment to the WCPT Awards Committee!
European Spotlight: EUNAAPA

The EUropean Network for Action on Ageing and Physical Activity (EUNAAPA) is a thematic, collaborative network aiming to improve the health, wellbeing and independence of older people throughout Europe by the promotion of evidence-based physical activity. The EUNAAPA network carries out projects which are in line with its goals and objectives. The “EUNAAPA project” itself was carried out with support from the European Commission, and helped the Network to start up and secure its existence. Collaborations from members of the Network can also start new projects.

One of the objectives of the network is to disseminated evidence-based promotion of physical activity. For this purpose, members of the network can collaborate in carrying out reviews and inventories into different topics like assessment instrument, successful physical activity programs for older adults etc. Currently, systematic reviews are being conducted in order to summarize the results of validity and reliability of existing instruments in relation to different groups of older people. More information can be found at http://www.eunaapa.org/Activities/Reviews_on_assessment_instruments.

Professionals working in the field of physical activity and ageing are invited to join the network. Membership is free for everyone who wishes to become active and share information and work together to promote physical activity in older persons. EUNAAPA was specifically founded to bring scientists, professionals, providers, policymakers and older persons representatives together.

Information found at www.eunaapa.org.

EUGMS 2014 Symposium

Join IPTOP at the 10th International Congress of the European Union Geriatric Medicine Society (EUGMS), September 17-19th in Rotterdam, The Netherlands! Our very own President, Jennifer Bottomley, and Dutch representative, Hans Hobbelin, will be presenting on “Treatment Strategies for Movement Disorders and Cognitive Decline” and “Movement Disorders in Dementia” respectively. This is a collaborative effort between IPTOP and the NVFG (Dutch Association for Geriatric PT), and will be presented on Friday, September 19th, in the 11:00—12:30 time slot. See the flyer attached to this newsletter, or go to www.eugms2014.org for more information.
WCPT Conference: Singapore 2015

The World Confederation for Physical Therapy has announced a list of prominent international speakers for the world’s largest and most important physical therapy gathering, to be held in Singapore May 1-4, 2015. The program for the WCPT Congress 2015 will include 25 focused symposia featuring speakers from across WCPT’s five regions. Focused symposia are core congress sessions providing a forum where cutting edge research and practice perspectives can be explored and debated.

“We’ve had more proposals for focused symposia than ever before, which means we have been able to select topics with high caliber speakers that physical therapists all over the world will be excited to hear from,” said Aimée Stewart, Chair of WCPT’s International Scientific Committee, which has responsibility for putting together the program for the WCPT Congress. “Focused symposia are a very popular feature of our congresses, drawing large audiences. They provide the opportunity not just to hear from world authorities, but to engage with them in discussion.”

Each focused symposium is organized by a convener, who leads an international group of speakers through linked research-focused presentations. The symposium ends with key take home messages for practice, research, education, management and policy. “WCPT’s priority is to make the congress as engaging as possible for as many people as possible, whether they be physical therapists in clinical practice, research or education,” said Aimée Stewart.

The WCPT Congress is organized every four years by the World Confederation for Physical Therapy. The last congress, held in Amsterdam in 2011, attracted 5,000 people. The 2015 congress will be held in Singapore 1st – 4th May. Further details about the symposia and the program for WCPT Congress 2015 can be found at: www.wcpt.org/congress.

From WCPT Press Release February 14, 2014.

Focused symposium subjects particularly relevant to physical therapy for older persons:

- Best practice for arm recovery post-stroke: an international application
- Braintrain: making the most of new technologies for stroke rehabilitation
- Chronic respiratory disease: high-quality evidence supports greater physiotherapy intervention
- Critical updates in out understanding of chronic pain
- Exercise therapy for chronic pain: retraining mind and brain
- ICCRPT: Exercise training/rehabilitation for people with special health needs
- Integrating evidence into lower limb prosthetic rehabilitation in today’s world
- Rehabilitation and Parkinson’s disease: exercise is as important as medication
- Shoulder impingement syndrome: how does opinion regarding etiology influence treatment?
- Stratified models of care for low back pain

Don’t forget—IPTOP Elections will be held at the Singapore Conference! More information to follow.
### NATIONAL REPRESENTATIVES

**ABOUT EACH COUNTRY’S REPRESENTATIVE AND PT COMMUNITY**

**Australia: Representative position vacant.**

**Belgium: Representative Jan Tessier.** In Belgium, the Physical Therapy Association (AXXON) is the official professional organization for all physical therapists in both parts of Belgium (divided by two different languages). The Axxon BCIG Geriatrics (Belgian Clinical Interest Group) is a group within AXXON for those therapists working with older adults (of which there are 12 different sections or special interest groups). Jan is the liaison between the Axxon BCIG Geriatrics and IPTOP.

**Canada: Representative Helen Johnson.** In Canada, the Canadian Physiotherapy Association (CPA) is the official professional organization for all physiotherapists. It is voluntary to be a member of CPA. CPA has Branches that represent each province, and Divisions, which represent various clinical specialty areas. The Seniors Health Division (SHD) is a sub-group of the CPA for therapists working with older adults. The CPA SHD has over 500 members. Helen is the Chair of the SHD and serves as the liaison between the CPA SHD and IPTOP.

**Finland: Representative Pauline Liskala.** The Association represents the whole Finland; members mainly work in the public field. Pauline is the Vice President and IPTOP-representative member.

**Iceland: Representative Nanna Gudny Sigurdardottir.**

**Ireland: Representative Fiona Crehan.** In Ireland, the Irish Society of Chartered Physiotherapists (ISCP) is the professional body for chartered physiotherapists and there are clinical interest groups with committees within the ISCP. The CPNG is the clinical interest group for both neurology and gerontology and so has a very wide range of issues to discuss. Fiona sits on the CPNG committee and is the link person between the ISCP and IPTOP.

**Netherlands: Representative Hans Hobbelen.** The Royal Dutch Association for Physical Therapy (KNGF) is the official professional organization for all physical therapists in the Netherlands. The Dutch association for geriatric physiotherapy (NVFG) is an official sub-group of the KNGF for those therapists working with older adults (there are many other sections or special interest groups). Members of the NVFG are all specialized physiotherapists with an officially recognized degree in geriatric physiotherapy (with the exception of student members). Hans has been a board member of the NVFG since December 2010 with responsibility for scientific research, education and international affairs, and is the IPTOP representative to the group.

**New Zealand: Representative Liz Binns.** Physiotherapy New Zealand (PNZ) is the professional body for all physiotherapists in New Zealand. Members of PNZ with an interest or working in gerontology can pay a registration to be a member of Physiotherapy for the Older Adult Special Interest Group (OASIG), which is a sub-group of PNZ.

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Continued from page 10.

Norway: Representative José Quintanilla.

South Africa: Representative Peta Harrison. The group is only starting to develop in South Africa.

Switzerland: Representative Glaucu Gonçalves Mantellini. The FPG (Fachgruppe Physiotherapie in der Geriatrie) is a sub-group of the Swiss Society of Geriatrics (SGG) and not from the Physioswiss (Swiss Association of Physiotherapy). The Physioswiss does not work with the sub-group system. Glaucu is the link between FPG and IPTOP.

Turkey: Representative Filiz Can. Turkish Geriatric Physiotherapy Association is an official professional organization for physiotherapists working with older people in Turkey, linked with the parent professional organization. The executives include members who are specialist in different aspect of physiotherapy for older people like geriatrics, geriatric orthopaedics, geriatric cardiopulmonary, geriatric neurology, prosthetics etc - to provide interdisciplinary models in physiotherapy for older people in in multidisciplinary team for geriatric care. Filiz is the General Secretary of Turkish Geriatric Physiotherapy Association and the representative delegate for Turkey in IPTOP.

UK: Representative Bhanu Ramaswamy. In the UK, Chartered Society of Physiotherapy (CSP) is the official professional organisation for physiotherapists. The older person’s Professional Network, a sub-group of the CSP for those therapists working with older adults is called AGILE. Bhanu is the liaison between IPTOP and AGILE.

US: Representative Lisa Dehner. In the US, the American Physical Therapy Association (APTA) is the official professional organization for all physical therapists. The Section on Geriatrics, is a sub-group of the APTA for those therapists working with older adults (there are many other sections or special interest groups). Lisa is the liaison between the Section on Geriatrics and IPTOP.

Ways that YOU can contribute to IPTOP:

- Submit articles and news items for the newsletter
- Submit news items and ideas for the website
- Be a regional representative
- Consider running for a board position at elections
- Tell us your ideas! We would love to hear from you!
Welcome to IPTOP’s new Newsletter Editor!
Marilyn E. Miller began her career in PT with the US Army. In addition to the post-baccalaureate PT Certificate, she completed an MA in Gerontology, followed by a PhD in Higher, Adult and Post-Secondary Education: her dissertation research was: Ego Development and Learning Styles of PT who attend Continuing Education.

Marilyn has practiced PT in 6 States in the US, and taught in both PT & PTA programs. She has served the APTA at local, State and national levels, in various offices and appointments, in the Geriatrics & Education Sections. Her first WCPT Congress was in 1994, and that has been a recurrent professional activity each Congress since. She has had the privilege of speaking and consulting in Japan, Palau, and American Samoa.

Current clinical practice is intermittent [paid or pro bono]. She is an ABPTS Geriatrics Clinical Specialist, and DPT educator with University of St Augustine for Health Sciences, California campus; where 50% of her position is drafting a new post-graduate residency in Geriatrics for PT clinicians. In trimester breaks she is either in Hawaii, her home for 23 years, or traveling somewhere.

As a long-time member of the APTA Section on Geriatrics, she has facilitated production of the newsletter for the APTA group “Prime Timers” by including students in the Geriatrics course. Dr Miller’s publications include chapters in several books, Pediatric PT for the PTA, Geriatric Rehabilitation Manual, Neck Pain, and Advances in PT Research; as well as an articles in GeriNotes, GeriTopics, and the Journal of Body Work & Movement Therapies. Presentations included several panels, posters, and platforms at APTA, WCPT, ISEP, International Fascia Research Congresses, and higher education

Co-Editor
Katelyn Sobotka received her Doctorate in Physical Therapy from the University of St. Augustine for Health Sciences in 2013. She received her Bachelor’s of Science in 2010 from the University of California Los Angeles with a major in Physiological Sciences.

Katelyn is currently the primary Physical Therapist at an outpatient clinic in El Cajon, California serving a mainly geriatric population with limited English proficiency. She is a member of the APTA and AAOMPT, and has submitted a poster proposal for the APTA’s 2015 Combined Sections Meeting about the successful integration of the Nintendo Wii into balance rehabilitation of a patient with Korsakoff’s Dementia.

In the past, Katelyn has worked with Dr. Marilyn Miller in the production of several “Prime Timers” newsletters for the APTA. She is excited to be entering a profession with such a world-wide presence, and looks forward to increasing her professional involvement as her career continues.
2014 IPTOP Communication Sheet
(please contact secretary@iptop.wcpt.org regarding any changes/problems)

Board Members and Regional Representatives

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<td>Jennifer Bottomley</td>
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12th Congress Dutch Society of Gerontology

Nederlandse Vereniging voor Klinische Geriatrie

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