Minutes of World PT Day 2010

Venue: PTI Gymnasium

Date: 10/10/2010

Time: 9:00am - 12:30

The ceremony was started by reciting of Holy Quran

Then National Anthem was sung

Speech of Ms. Del Afroze Afzalzada AAPT President

She excused for delay celebration, because of continuous national holidays in a September and also running upgrading course

After greeting she explained her prepared subject regarding World PT Day. She also mentioned regarding the history of 8th September which was celebrated for first time in 1951.

And also has read the anthem of Physiotherapy (Physiotherapy for all)(Movement for Health)

She described regarding disease such as Heart Attack, stroke and obesity which will be prevented and reduced by advising exercises. And also mentioned the benefits of Physiotherapy

Ms. Suraya Paikan Deputy Minister of Ministry of Labor and Social Affairs for Martyr and Disability (MoLSAMD) She mentioned the importance of Physiotherapy in the world and added that this is her first time to participate such a Physiotherapy party. Especially there is large need for physiotherapists in the rural area of the country. Afghan Association for Physical Therapy (AAPT) with Communication of MoPH can support Physiotherapy Institute. It is necessary to provide physiotherapy services all rural hospitals

Physiotherapy play main role in rehabilitation of Disabled. At the end she said congratulation World PD Day to all physiotherapists.
Speech of Dr. Saniullah Zelmai Ghazanfar Institute of Health Science GIHS) Deputy:
At first he said congratulation World PT Day on behave of GIHS to all Physiotherapists. He mentioned regarding history of Physiotherapy in framework of GIHS, and also explained about students referring system through kankor(governmental) At first physiotherapy program was for 2 years and now it is for 3 years. We request to MoPH to encourage and train more Physiotherapists and put them in MoPH structure.

Speech of Ab. Razaq Siawash Orthopedic professor:
The recognition of Physiotherapy is improved and most of patients became familiar with Physiotherapy. Treatment is a process, not a moment. If we perform operation with best methods, but if there is no rehabilitation center, our operation will be useless. We are the people to strength and develop and improve our profession. To have good relationship with patients are more useful.

Spine Traction:
He said that Spine traction will not be applied every time, especially without seeing Radiography. Steroid injection: it is very harmful in tendons and caused necrosis of tissues and caused rupture as well. He said that “I cannot and you cannot”, but we together can help the patient.

Speech of Professor Faqirmal:
On behave of Kabul medical University he said that from his experience, physiotherapists are humble
people, even they are kind with any kind of patients. He mentioned that it would be better the physiotherapy profession improve their curriculum to University level and we will include them in medical University.

Speech of Dr. Fawad Pirzad Neurosurgeon:
At first he said congratulation the World PT Day to all physiotherapists, he appreciated from Mr. Alberto, Hari and Ms. Judi who were working a lot for Physiotherapy profession in Afghanistan.

- He mentioned regarding physiotherapy, that orthopedic cannot help 100% with patient, we can prevent from disability, atrophy, stiffness, contracture and Ankylosing with helping of physiotherapy.
- We are trying that medical students get information regarding physiotherapy profession. It would be better, if Medical University make combine seminar with physiotherapy profession.

Speech of Mr. Aziz Adel Physical Therapy Institute Manager:
- he said welcome to all respected quests and
Mentioned regarding 8th of September as bellow:
Physiotherapists are health specialists (he read the paragraph and translated to participants regarding 8th of September). He also mentioned regarding higher education of most foreign countries and also mentioned that the Physiotherapy profession now developed from 2 years to 3 years in Afghanistan. He said we are trying to develop physiotherapy profession.

Speech of Criss Maris Representative of Handicap International:
He said congratulation World PT Day to all Physiotherapists and mentioned that physiotherapy is main part of our activities. Physiotherapy is useful not only in treatment section, although it is useful and helpful for prevention of diseases and disability. Rehabilitation is main part of our working.
HI is supporting physiotherapy profession.
Last year we helped in making curriculum and We conducted courses in Herat and Jalalabad.
We involved two projects to help one is AAPT and PTI and we will support them.

Speech of Mr. Najibullah Yazdanpana Swedish Committee for Afghanistan (SCA)/RAD Coordinator:
- On behave of SCA he said congratulation World PT Day to all. He also mentioned that advocacy should be done through news, magazine, etc. it would be better to work together and request from MoPH to support Physiotherapy profession.

SCA is working in 13 provinces, it has 38 clinics in which 86 Physiotherapists are working.
Ms. Heather Dawson is working for AAPT & PTI
as advisor by supporting of SCA, she helped PTI to prepare 3 year upgrade course for 105 physiotherapists which is running in 3 provinces.

- Physiotherapy should have advocacy center, which is AAPT. This ceremony should be celebrated in MoPH, it doesn’t mean that we be silent. We are requesting MoPH to support Physiotherapy Association.

**Speech of Professor. Waziri president of Afghan Orthopedic Association:**
At first he said congratulation World PT Day to all. Before 1355 (1976) the physiotherapy profession was in elementary condition, But now it is developed, we need more time to Work for disability. Physiotherapy services are better here in Afghanistan than most of other neighboring countries, but they have more facilities. In most part of provinces we do not have Physiotherapy services, it would be better to Develop physiotherapy there.

**Speech of Dr. Fiaz Safi Representative of Doctors and Health workers Union:**
Physiotherapy is a main part of medical, it is not separate profession. Physiotherapists are like other medical staff. They should not be fell runty. It would be better to celebrated this ceremony in MoPH, because the Hall of MoPH is public. Doctors and health workers Union will support AAPT.

**Dr. Anwar representative of Ministry of Public Health:**
On behave of MoPH he said congratulation World PT Day to all, and mentioned that today is celebrated Mental Health Day in MoPH and here is celebrated World PT Day, it means two ceremony in one day, it is better to consider in the future. Physiotherapy is a main need for society.

**Speech of Mr. Sadiq Muhibi CBR Coordinator:**
Physiotherapy is a main and important part, especially in rehabilitation of disabled. The lack of Physiotherapists felt in the society, that increase Physiotherapy profession and training of physiotherapist. P&O Association is new and it is under work. He also requested that please do not
use unfair words for disabled and at the end he said congratulation World PT Day to all.

**Mr. Ebrahim Alokozai Physiotherapist:**
He said congratulation World Physiotherapy Day to all physiotherapists and explained the importance of Physiotherapy profession to participants.

At the end this ceremony followed by lunch.

With Best Wishes,