With the origin of Physiotherapy, people worldwide are living longer and busier lives. Every year physiotherapists help billions of people to manage the effects of ageing, illness, accidents, stresses and strains of lives. Today physiotherapy is an essential part of health services around the world and its contribution and importance is growing over the years. To mark the mammoth contribution of Physiotherapy in treating patients all over the world, September 8 is observed as “World Physiotherapy Day” worldwide.

Continuing the tradition of celebrating this day Amity Institute of Physiotherapy in collaboration with Indian Association of Physiotherapists, Noida Branch kicked off the celebrations by organizing the Blood Donation Camp in the institute, which was inaugurated by Dr.Asha Goel, Registrar, Delhi Council of Physiotherapy & Occupational Therapy, New Delhi on September 8, 2010. More than 200 students turned up to contribute & donate the most precious thing one can give to mankind.
A Debate & Poster competition was organized on the various topics related to Physiotherapy which was judged by Dr. Sunita Sood, HoD (Physiotherapy) Holy Family Hospital, New Delhi, Dr. Jasmine, HoD (Physiotherapy) Fortis Hospital, Noida & Dr. Dinesh Samujh, HoD (Physiotherapy) Metro Hospital, Noida.

Dr. Ali Irani, President of The Indian Association of Physiotherapists along with other dignitaries appreciated the efforts of the students in highlighting the issues related to Physiotherapy in India and in general.

On September 9, 2010 a day long workshop on Recent Trends in Sports Medicine was organized and Dr. Ali Irani, Former Physiotherapist for Indian Cricket Team & president I.A.P was the resource person for the same.
Welcoming the distinguished guest, **Dr. Nitesh Bansal (PT)**, Director, Amity Institute of Physiotherapy said, “World Physiotherapy Day is observed worldwide on September 8 and Amity Institute of Physiotherapy is observing World Physiotherapy Day on Sep 8- 9, 2010 to raise awareness about fitness and the vital role played by physiotherapists in combating lifestyle-related disease and disability.” Dr. Bansal thanked Dr. Ali Irani to have agreed to share his rich experiences with the budding physiotherapists and stressed that with Dr. Ali Irani as the President of IAP, Indian Physiotherapists will reach best possible heights.

Sharing his thoughts about the increasing reach of physiotherapy, **Dr. Ali Irani** said, “Few years back, Physiotherapy was the second best profession in USA and Indians will make it the first best profession in their country. The World Confederation for Physical Therapy (WCPT) has 101 countries as its members, who collectively represent over 3, 50, 000 Physiotherapists in the world out of which 35, 000 are in India, which means that 10% of world’s physiotherapists are from India.”
Dwelling on the changing role of Physiotherapists and increasing reach of physiotherapy, Dr. Irani said, “Today the greatest challenge of a physiotherapist is not to treat the disorder but to identify and prevent the cause of the disorder”. He demonstrated practical techniques for examination and treatment.

The celebration ended with prize distribution to the winners of the Debate & Poster completion and thanks to all who contributed to make the event a grand success.

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