September 8, 2010 is Movement for Health Day

In line with the World Physical Therapy (PT) Day commemoration theme “Movement for Health” advocated by the World Confederation for Physical Therapy (WCPT), several institutions nationwide initiated their share in the celebrations, particularly led and sponsored by universities’ physical therapy departments and student associations. September 8, 2010 was also the 12th National Physical Therapy Day.

The celebration included activities in the following locations:

- fun run and blood donation activities at Mariano Marcos State University – College of Health Sciences, Batac City
- free PT clinic and seminar on ergonomics at Angeles University Foundation – College of Allied Medical Professions, Angeles City
- physical fitness activity at University of Santo Tomas – College of Rehabilitation Sciences, Manila
- symposium on alternatives of rehabilitation and games at University of the East Ramon Magsaysay Memorial Medical Center – College of Physical Therapy, Manila
- marathon dance exercise, seminar on motor relearning, and variety shows at Emilio Aguinaldo College – School of Physical, Occupational and Respiratory Therapy, Manila
- free therapy clinic and seminar on sports injuries and rehabilitation at Dee Hwa Liong College Foundation, Mabalacat (scheduled on the month of September)
- evidence-based practice conference at University of the Philippines – College of Allied Medical Professions, Manila (scheduled on the month of September)

World PT Day falls on 8th September every year, and is an occasion for physical therapists or physiotherapists from all over the world to raise awareness about the crucial contribution their profession makes to keeping people well, mobile and independent. In the Philippines, National PT Day is pursuant to Presidential Proclamation No. 15 signed in 1998.

(With contributions from Myra Ragsac, Christian Dave Clemente, Carmelo Cunanan, Donald Manlapaz, Cheryl Ramos-Peralta, Esther Melody Nicolas, Adlai Jerome Cipriano, Napoleon Caballero, Michael Gabilo, Angela Kristine Malig, and Edward James Gorgon)
Cheryl Ramos-Peralta is 2009 PRC most outstanding PT

Associate Professor Cheryl Ramos-Peralta, Chair of the Department of Physical Therapy, College of Rehabilitation Sciences of University of Santo Tomas (UST), Manila and Discipline Consultant of the Master of Science in Physical Therapy Program of UST Graduate School, is the most outstanding professional in the field of physical therapy for 2009. The award was conferred by the Professional Regulation Commission (PRC) on June 18, 2010 at the Manila Hotel.

The prestigious award is bestowed upon the professional being the most outstanding professional in the field who has amply demonstrated professional competence of the highest degree and conducted herself with integrity in the exercise of the profession; participated meaningfully in professional activities through the professional organization; contributed significantly to the advancement of the profession; and contributed significantly to the effective discharge of the profession's social responsibility through meaningful contribution/participation in socio-civic related activities.

Concurrently, Prof. Ramos-Peralta is the chair of the Technical Panel for Physical Therapy and Occupational Therapy Education of the Commission on Higher Education; a core member of the National Institutes of Health - Institute of Health Policy and Development Studies; and head of PPTA Educators Special Interest Group. She has also served PPTA as its president in 2000-2002 and as secretary in 1998-2000.

608 hurdled PT licensure exams for 2010

In January 2010, the Professional Regulation Commission (PRC) announced that 230 out of 542 passed the Physical and Occupational Therapists Licensure Examinations given by the Board of Physical and Occupational Therapy in the cities of Manila and Cebu on January 24-25, 2010. Oath of professional took place last February 28, 2010 at SMX Convention Center Mall of Asia, Pasay City. There were 212 PTs.

While in July 2010, the result of the Philippine Physical Therapists and Occupational Therapists Licensure Examination, which was held in Manila, Cebu, and Baguio Cities on July 24-25, 2010, has been released by the PRC. A total of 434 out of 938, or 46% passed the board exam. Oathtaking ceremony was held September 19, 2010 at the Manila Hotel, Manila. 396 PTs passed the said exam.

There are a total of 608 new physical therapists in the country this year.

The board is composed of Dr. Reynaldo R. Rey-Matias, Chairman; Raul G. Agustin, Bernadette M. Reyes, Delia R. Pabalan, and Rolland Lyle D. Duque, Members.
New BOO and BOD elected for 2010-2012

PPTA Commission on Elections Chair Kristofferson G. Mendoza announced the newly elected members of the PPTA Board of Officers (BOO) and Board of Directors (BOD) for the term 2010-2012 during the General Assembly (GA) held September 5, 2010 at Emilio Aguinaldo College, Manila. Each of the nominees received a confidence vote of more than 50% plus 1 of the entire members present during the GA and the members who expressed their intention to vote on-line.

Board of Officers

President Gayline F. Manalang Jr., MOH, PTRP of the College of Public Health of the University of the Philippines (UP), Manila

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Royson A. Mercado, PTRP of UP-CAMP, Manila

Cheryl Ramos-Peralta, MSPT, MHPEd, PTRP of UST-CRS and Graduate School, Manila

PPTA links with ICDR-PWG

Signing of the Letter of Intent between PPTA Officials (represented by Napoleon Caballero, Gayline Manalang, and Michael Gabilo) and the PWG Co-Chairs Rudy Quimbo and Jeffrey Andrion and member Grace Bernaga in Manila on April 14, 2010. The partnership will strengthen both groups’ commitment to disability research, advocacy, and service delivery. (Please read story on page 4).

PPTA partners with Ex-Link

August 7, 2010: The Philippine Physical Therapy Association (PPTA) partnered with EXLINK Management and Marketing Services Corporation in the upcoming PPTA National Convention on December 4-5, 2010 at Traders Hotel, Pasay City, Metro Manila.
Symposium on CBR held: Community-based Education for PTs

A framework of how to develop and implement the new course on Community Based Rehabilitation (CBR) found in the Commission on Higher Education (CHED) Memorandum Order No. 24, series of 2006, “Policies, Standards and Guidelines for Physical Therapy and Occupational Therapy Education” was presented and discussed during the symposium held July 24, 2010 at the University of Santo Tomas, Manila. The CBR course is mandated in the BS Physical Therapy curriculum – as a subject and as a requirement for community internship.

The World Confederation for Physical Therapy (WCPT) recognizes the changing concepts of CBR. With various models of CBR available, the WCPT emphasizes that in order to ensure that physical therapy is as life enhancing as possible, qualifying education should equip physical therapists to value community work, understand the social complexity of the context in which service users live and how this affects their goals, priorities and aspirations; listen to, and learn from, disabled people and be sensitive to their needs for information and help; and respect the knowledge and skills of disabled people, families, CBR workers and community leaders.

Topics in the symposium included local and international context, theories and concepts of community-based education for PTs and other health care professionals as well as showcase of existing CBR programs in the country.

The Educators SIG, in line with its objectives of identifying the needs, problems and concerns of physical therapy educators in the Philippines, organized the event.

PPTA forges partnership with University of Toronto ICDR-PWG

PPTA signed a memorandum of understanding with the International Centre for Disability and Rehabilitation (ICDR), University of Toronto on April 14, 2010. Mr. Jeffrey JD Andrion, Filipino physical therapist and Co-Chairperson of the ICDR Philippine Working Group (PWG) initiated this collaboration and worked to bring it to reality.

The PPTA and ICDR-PWG aim to further an advocacy to meet the needs of persons with disability (PWD) in the Philippines for healthcare providers to provide ethical, efficient, and effective service.

This collaboration is an important addition to the existing linkages of the Association. It is unique in being a formal linkage with a foreign university, and distinctly embodies the PPTA mission to promote “pursuit of competent and ethical practice towards the provision of effective and efficient services for the Filipino people”. (Sources: http://philippineworkinggroup.com/content/global-partners-philippine-working-group and www.philpta.org)
Educators SIG held seminar series in Ilocos Norte, Iloilo and Metro Manila

The seminar-workshop series on clinical training program enhancement, skills enhancement, and program evaluation for clinical supervisors (CS) and clinical instructors (CI) were successfully held at Iloilo Doctors’ College, Iloilo City on May 8-9, 29-30, 2010; Mariano Marcos State University, Batac City May 14-16, 2010; and Emilio Aguinaldo College, Manila on July 10-11, 2010 and August 7-8, 2010. The series of training activities, which was initially held last February-March 2009 at University of Santo Tomas, Manila, was appositely called “series one” as there will be succeeding training programs of this kind in stored in the future for physical and occupational therapist CI’s, CS’s, as well as faculty members. All of these activities were spearheaded by the Educators Special Interest Group (SIG) chaired by Prof. Cheryl Ramos-Peralta in collaboration with the respective higher education institutions.

This project was aimed to assist administrators and staff of physical therapy and occupational therapy clinical training centers to become better clinical educators.

Contact the PPTA

For official communications to the BOO and BOD: board@philpta.org
For office administration and advertising in website: admin@philpta.org
For membership concerns and status: membership@philpta.org
For seminars, workshops and convention advertisements and endorsements: continuingeducation@philpta.org

The Official Webpage of the Philippine Physical Therapy Association is www.philpta.org
The conference aims to:

1. Discuss the current Philippine practice situation based on the current PT-OT Law (RA 5680) and bring out necessary changes that will support the future direction of PT practice in the country.
2. Enhance and improve Filipino PT’s organizational and practical skills to further develop competence and ethical service to the Filipino people.
3. Increase Filipino PT’s awareness of the needs of clients and patients in the face of modern society.

Who is Jose Inoturan?

Jose I. Inoturan is the founding president of the Philippine Physical Therapy Association (PPTA). He is among the first students of Bachelor of Science in Physical Therapy (BSPT). Mr. Inoturan graduated as a nurse from School of Nursing. He was working in a government hospital then and was granted by UNICEF a scholarship to take up BSPT to respond to the urgent need of hospitals all over the Philippines to have trained physical therapists.

In the absence of a government regulating body, the first PT’s took it upon themselves to form a professional organization in December 8, 1964. As a leader in the field of PT, he was attuned to the causes and needs of the organization and the profession. He made sure that a physical therapist is distinct and different from any other practice of massage. It was said that he either led or participated in the development of the PT bill that was later approved as Republic Act 5680.

Mr. Inoturan is a leader in Philippine physical therapy. He is a visionary who saw the potential for growth and development of the physical therapy profession. His zeal and devotion has allowed the PPTA to exist up to this day.

Mr. Inoturan passed away on October 2007.

Gawad Inoturan. This year, the Gawad PPTA which pays tribute to outstanding professionals and/or institutions will be named aptly Gawad Inoturan in honor of its founding president. The Gawad Inoturan, which will be bestowed during the 2010 national convention, is aimed to recognize members of PPTA who has made or continues to make a significant contribution to the growth of the profession through excellent, proficient and ethical practice. The Committee on Gawad Inoturan is chaired by Prof. Esmerita Rotor.

This year, the convention is being held in December to coincide with PPTA’s 46th Founding Anniversary (December 8), as well as to fete outstanding colleagues and programs through the Gawad Inoturan.

For reservations, please contact: EX-LINK MANAGEMENT & MARKETING SERVICES CORP. Tel: +632 6433887 loc 102; Telefax: +632 6401280 or The PPTA Board of Officers email address: board@philpta.org

Let us strengthen our profession!
Let us get ourselves involved!

“Ask not what your country can do for you - ask what you can do for your country.” – John F. Kennedy

Do you have some news you want to share, or announcements to make? imPcTus welcomes articles from its members. Email us at board@philpta.org

The Board of Officers (BOO) meets once a month. You may send your concerns, suggestions, issues, or queries through board@philpta.org.