



Press Release

WCPT announces finalists and winners of its art and health competition

11th July 2017

For immediate release

WCPT is pleased to announce the finalists and winners of its art and health competition, launched in December last year. The selected finalists were shown at an exhibition during the WCPT Congress in Cape Town, 2nd - 4th July.

The theme of the competition was “Diversity and inclusion”. Outstanding pieces of artwork and photography were sought relevant to physical therapy that addressed:

- diversity of patients and practice
- inclusion of disabilities
- how physical therapy encourages inclusion
- the vast range of specialties within the profession



The overall winner of the competition was a photograph by Nirupom Bardhan, a physiotherapist from Bangladesh. The image shows a patient with a spinal cord injury doing exercises to maintain his upper limb muscle strength. The photographer wished to convey how physical therapy would enable him to not fall behind and help him to be able to lead a mobile life. The photographer was surprised to see how physical therapy motivates a paralysed patient and shows the light of hope. It brings the confidence of leading life like a being, not as a burden.

As well as an overall winner, winners and runners-up from each of the four categories (photography, painting, drawing and sculpture) were also chosen. The judging panel was extremely impressed with the quality of the entries and the many creative interpretations of the theme.

Photographs of the competition finalists are available to view on the WCPT website at www.wcpt.org/wcpt2017/art-and-health/winners.

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