Gleneagles Kuala Lumpur (GKL) celebrated World Physical Therapy Day on 10 September 2016. The focus of the celebration was to promote **ACTIVE LIVING through aerobic exercise and walkathon.**

On the day of event, activities included are aerobic exercise, walkathon, physiotherapy screening tests, handouts, education & information video presentation and WPTD door gifts. A total of 180 participants consisting of clinical and non clinical staff, doctors, patients and public took part in the fun filled events.

The WPTD 2016 again created awareness on benefits of exercise for both people with and without disabilities.
### World Physical Therapy Day 2016 Album

**Getting Ready**

**Video Shooting**

**Installing Banner**

**WPTD 2016 Program**

- Warm up aerobic exercise
- Walkathon
- Exhibit education booths
- Screening Tests
  - Unipedal Stance Test (UPST)
  - Body Fat Analysis

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<th>Getting Ready</th>
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Flyer

Banner

Booths

Event video

https://youtu.be/FZlqdZ4JDQk

Walkathon Finisher

Aerobic session
The Great Team!
World Physiotherapy Day

Group Photo From Year 2009 – 2016

2016

2015

2014