On the 3rd September 2016, KPJ Damansara Specialist Hospital celebrated World Physical Therapy Day. In conjunction of World Physical Therapy Day, the rehab team conducted a program / event in the hospital to celebrate on the important role of Physical Therapy to the society. Hence, under the umbrella of this year theme “Add Life to Years”, the hospital organized several activities for honourable customers, guest, consultants and hospital employees to participate. The picture of the tentative program is as below:
WORLD PHYSIOTHERAPY DAY 2016
ADD LIFE TO YEARS

DATE: 3RD SEPTEMBER 2016 (SATURDAY)
VENUE: LOBBY, KPJ DAMANSARA SPECIALIST HOSPITAL

TENTATIVE PROGRAMME

7.30am - 8.15am  Qi Gong
10.00am - 10.15am Video Presentation
10.15am - 10.25am Group Exercise Performance (Chair Aerobic)
10.25am - 10.35am Opening Speech by Dr Rozman Bin Md Idrus
(Orthopaedic, Sports & Trauma Surgeon)
10.35am - 10.45am Cake Cutting Ceremony & Appreciation Gift to Loyal Customers
10.45am - 10.55am Show Me Your Strength Competition
10.55am - 11.15am Talk: Balancing Disorder Among Elderly by Dr Azmi Abdul Rashid
(Physician & Neurologist)
11.15am - 11.25am Flexible as Ballerina Competition
11.25am - 11.35am Balance Performance by Physiotherapist
11.35am - 11.45am Strive for Balance Competition

Find out more from our Rehabilitation Services, Ground Floor or call us at: +60 3-7718 1000, Ext: 1113
The program started off with a group of elderly performing Qi Gong & Tai chi that emphasizes on breathing technique and energy.
It is then follow-up with an additional program to commemorate on Malaysia Independence Day on the 31st of August. The activities were on singing the National Anthem and Malaysia Independence Day song.
The event for World Physical Therapy Day then continued on with a short Video Presentation on how Physical Therapist helps emphasize on the importance of exercises for better Quality of life. (Click the URL for the Video: https://www.youtube.com/watch?v=rVghXIMar6g

The program then follows on with a short performance by our very own Physical Therapist on Chair Aerobics. The Video Presentation is on this Link. https://www.youtube.com/watch?v=8T2DbYm7vy8
An opening speech was then given by our very own Deputy Medical Director, Orthopaedic Sports and Trauma Surgeon, Dr. Rozman Md Idris.

The Master of Ceremony for the World Physiotherapy Day Event in KPJ Damansara Specialist Hospital, Mrs Hazimatul Akmal and Mr. Joshua Nathan.
After the Opening speech by Dr. Rozman, Cake cutting ceremony together with the CEO of KPJ Damansara Specialist Hosp., Cik Fawziah, HOS of Rehabilitation Services Ms. Parawathi, Dr Azmi, Dr Ellyana, Dr Kasmini and 5 loyal customers were present on stage to commemorate the event.
After the cake cutting ceremony, our very own Neurologist & Physician, Dr Azmi Abdul Rashid gave a small lecture on the importance of Balance training exercises.

The event then continued on with the following activities such as lucky draw, mini aerobics that challenges on also Balance exercises and training.
THE REHAB TEAM
Of
KPJ DAMANSARA SPECIALIST HOSPITAL
Miss Parwathi HOS (centre), Mrs Li Hui Fong (OT), Mrs. Hazimutul Akmal, Mrs. Aainna, Mr. Ikhwan Syafiq, Mrs. Norhaziela, Mrs. Norhaslinda, Mr. Joshua Nathan, Miss Thivia, Mrs. Hidayatunnaiem, Miss Izyani, Miss Kelly, Mrs Normah, Mrs. Marsarah, Mr. Faizal Amri, Miss Lina, Miss Jaya