World Physiotherapy Day

Organized by JSS college of Physiotherapy and Physiotherapists of Mysuru

On account of World Physiotherapy Day, JSS college of Physiotherapy (JSSCPT) organized Walkathon on 8th, Sept 2017 at 7.15am starting from Kote Sri Anjenaya Swamy temple, Mysore Palace north gate. The theme for this year is Movement for Health, the message “Physical activity for life”, highlighting the important role that physiotherapists play in healthy ageing.

The walkathon was aimed to raise awareness about keeping people well, mobile and independent, which was flagged off by Kishan S.Bedare, K.L.Shrijith, Nanda Kishore and Kushal Wadhwani of Mysuru warriors’ team.

Mr. Vijay Samuel V, Lecturer, JSSCPT delivered the welcome address and Dr. Kavitha Raja, Principal, JSSCPT proposed the vote of thanks.

Mohandas and Shravan physiotherapists of Mysuru warriors’ team, Nadeem Shariff Physiotherapist of Bellary Tuskers and also the alumnus of JSSCPT participated in the walkathon.

About 250 persons including the faculty and students from JSS College of physiotherapy and Physiotherapists from all over Mysore
joined hands together to walk-a-thon to mark the importance of physical activity.

Fitness camps were conducted on Saturday, September 9th at Kukkarahalli Lake premises between 6am to 9am and at mall of Mysore between 4pm to 9pm.

Fitness evaluation and advice on physical activity was carried out by the faculty and students of JSSCPT, One hundred and twenty four (124) persons were benefited by the camps.