Celebration of World Physiotherapy Day at School of Physiotherapy, RK University

School of Physiotherapy celebrates world Physiotherapy Day (8th sept) every year with weeklong community based activities to spread awareness about health and wellness. In context to focal theme of 2017 – “Physical Activity For Life”, students and faculties had organised several camps, public health awareness activities such as walkathon, Cyclothon and fitness challenges at schools and public places. Moreover, students has taken keen interest in campus activities such as rangoli competition, poster making competition, flyer designing competition, treasure hunt supporting “movement for health” campaigns. The fitness challenges (e.g. balance, flexibility, coordination, strength, etc...) among students of higher secondary schools of Rajkot remained memorable for participants and need to meet the objective of the day.
Walkathon: In terms of Physical activity, Morning walk is the best exercise.
Cyclothon: cycling is a vital part of Daily living.

Physical and functional Fitness Challenges among morning walkers at Racecourse ring road, Rajkot
Physical and functional Fitness Challenges for students of higher secondary schools, Rajkot for health awareness
Poster Making Competition.

Flyer Designing Competition.
Treasure Hunt Game

Rangoli Competition.

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Team at Glance