WORLD PHYSIOTHERAPY DAY AT SALEM, TAMIL NADU, INDIA

World Physiotherapy Day was celebrated on September 8th with a Awareness Rally and issue of hand bills to public. It was organised jointly by IAP Salem Branch, Women Cell of Salem Branch and Vinayaka Mission’s College of Physiotherapy, Salem. Around 300 Physiotherapists and Physiotherapy students participated in the rally. Following which all assembled at Green Valley Cricket Stadium. Cricket match was conducted for the Men Physiotherapists and Throw ball for the Women Physiotherapists. There were Fun Run, Zumba Dance, Games for children and traditional Indian games for Ladies. Lunch was provided at the venue. The prize distribution was held in the evening. The crowd dismissed after tea and snacking. The theme for the day was ‘Physical Therapy and Mental Health’. It was a real stressbuster for all the Physiotherapists and their family. Everyone realised the importance of Physical activity.