World Physiotherapy Day 2018

World Physiotherapy Day is celebrated every year to raise awareness about the crucial contribution Physiotherapist make to keeping people well, mobile and independent. On 13/10/18, the Rehabilitation Team of Gleneagles KL organized a day filled with fun programmes following the Theme (Physical Therapy and Mental Health) set by the World Confederation for Physical Therapy (WCPT).

Activities:

1) Zumba
2) Talk on “Physiotherapy and Mental Health” and launching of Weight Loss Program for 3 Lucky Staff
3) Games
4) Circle of Wellness – using musical instrument to improve coordination and focus

Other Shots: