World Physical Therapy Day Celebration Report 2018

Palestinian Physiotherapy Association (PPTA)
In 8th of September every year the world celebrate world Physical Therapy Day, for the fourth year Palestinian physiotherapy association celebrate this year in a festive atmosphere, the celebration this year was extraordinary and unique in term of cooperation between PPTA and physiotherapy and rehabilitation unit (PRU) in Palestinian ministry of health in cooperation and coordination with International Committee of the Red Cross (ICRC). The major activity this year was a scientific conference, the conference was a fruitful outcome of strategic partnership between PPTA and PRU which completely supported and coordinated by ICRC.

This year PPTA focus on the theme published by WCPT, which was Physical Therapy and Mental Health, all of the activities highlight the role that physical therapy and exercise play in enhancing mental health.

In addition, as part of its unique role in enhancing and supporting the efforts of research and evidence-based practice in physical therapy choose to organize a scientific conference, the preparation committee announce for the conference since May 2018 to give enough chance for the researcher and students to submit their scientific research and papers.

The celebration this year included miscellaneous and purposeful activities include:

1. **Forming of volunteer team to prepare for the World PT Day activities:**
   The meeting done in the PPTA headquarter in which distribution of tasks to the team and the places that covered by the activities.
2. Lunching media campaign on social media (Website, Facebook, Instagram, Whats App)

This activity has an important role in this event success, and many followers share the posts and react positively.
Celebrate World Physical Therapy Day on 8th September

PPTA celebrate #worldPTday

Physical activity for life
#worldptday
3. Printing and disseminating of poster, flyers, infographic, and brochures to MOH, NGOs, INGOs, and private centers
4. Conducting public awareness sessions.

A team from the PPTA conducted 25 awareness sessions to public from different groups about the importance of physiotherapy and physical activities for mental health and psychological status in many different places in Gaza, total beneficiaries reached around 1200 person.
5. Organizing scientific conference to celebrate word PT day at Gloria Hotel.

In presence of 400 participants, which included physiotherapists, students, academics, and key persons of health sectors, PPTA in cooperation with Physiotherapy Unit at MOH organized a scientific conference about disability issues with wide participation from disability based organizations. PWD, community based organizations.

Dr. Osama Jumaa, chairman of PPTA welcomed the attendance and display the achievements of PPTA in the last year also he demonstrate the current project of PPTA goals and the strategic view for PT future.
Dr. Ahmed Mousa the manager of the physical rehabilitation program at ICRC congratulate physiotherapist for their PT day and demonstrate the efforts of ICRC to support physical therapy profession in Gaza.

Dr. Khalil Shaqfa, key guest of the conference (MOH representative) congratulate physiotherapists for their PT day and demonstrate the role of MOH in improving physiotherapy services.
6. Honoring organizers and research groups:
7. Conducting scientific symposium about role of physiotherapy for Breast Cancer"
Finally, Palestinian physiotherapy Association (PPTA) expresses deep thanks and gratitude for everyone who participates to success this ceremony especially for ICRC and WCPT for their great efforts to support physiotherapy profession around the world.