WORLD PHYSICAL THERAPY DAY – 2018

World Physiotherapy Day is celebrated every year on September 8 and this day marks the unity and solidarity of the global physiotherapy community. The Emirates Physiotherapy Society (EPS) highlighted the significance of World Physiotherapy Day to its members and the entire community of the UAE via numerous ways. Members were provided with various resources to share or download within their links and practices which included infographics, videos and photos circulated via our social media platform to use around the country holding different events to encourage the significance of good physical health for improved mental health.

Several physical therapy institutions and departments in the UAE carried out events to celebrate World Physical Therapy Day 2018. Most of the activities focused around this year’s “Physical Activity and Mental Health” theme. Events comprised awareness programs, exercise classes and seminars.

Sept 6- EPS celebrated World Physiotherapy Day at the Sharjah Social Service Department.
Sept 9- For World Physiotherapy Day celebrations, an interactive discussion session was hosted by Physiotherapists from Al Qassimi hospital (Ministry of Health) at the Youth hub in Dubai to discuss the effect of physical exercise on mental health. The participation of EPS in the discussion was represented by Mrs. Amal Alshamlan, President of EPS. Great ideas came up after the discussion.
Another event was conducted on the same day by EPS President, Mrs. Amal Alshamlan and EPS General Secretary, Mr. Meer Almarzouqi for World PT Day in collaboration with the Physiotherapy department of Dubai Police health center.
Sept 10- World PT Day event organized by the Physiotherapy department at Kuwaiti hospital, Sharjah.
Sept 12- An event at the Dubai Electricity & Water Authority (DEWA) with the physiotherapy team of Dubai Physiotherapy & Rehabilitation Center at DHA in collaboration with EPS.
Sept 25 - Physiotherapists at Ministry of Health hospitals organized an awareness day at Zayed University, Dubai for World PT Day. Mrs. Amal Alshamlan, President of the EPS visited them to see their activity and thanked the team for the wonderful organization.