World Physical therapy day report
King Fahad Medical City
September 8, 2013

The department of physical therapy in rehabilitation hospital/ King Fahad Medical City (KFMC), Saudi Arabia celebrated the world of physical therapy day 2013 under the theme ' Movement for Health'. The day was open to healthcare professions and the general public and aimed to raise the awareness about the importance of the Physical Therapy profession in making and keeping the people well, active and independent.

Forty physical therapists from KFMC volunteered to organize a range of activities including
- Eight interactive booths representing the physical therapy specialty including Musculoskeletal, Sports injury and Ergonomics, Cardiac, Limb loss, Neurological disorders, Pediatric, Women's Health and Oncology.

- A mini symposium begins with a short documentary film about the physical therapy department at KFMC, followed by a number of presentations given around topics such as the importance of physical activities, prevention and treatment of low back pain, physical therapy and aging process, risk factors
for developmental delay and spinal cord injuries. The symposium also featured a 20 minute panel discussion.

- Over 4,000 booklets, 500 bookmarks, and 500 posters about physical therapy specialties and services were distributed to visitors.

- Competitions and prizes for the visitors
Additionally, four national delegates were invited to participate and celebrate the day with KFMC. These delegates are Saudi Physical Therapy Association, Physical Therapy Student Club at King Saud University, Princes Noura University, AlMajma'a University and King Abdul-Aziz Library. Each provided their own educational materials to the population and shared their achievements and accomplishments.

The event attracted over 1,800 visitors. The day was a huge success generating extensive coverage in newspapers, radio and television, including several TV interviews.

Dr. hisham Al Haidry PT, MSc, DPT
Deputy Medical Director Of Rehabilitation Hospital
Chairman Of Physical Therapy Department
King Fahad Medical City
Tel: +966-11-288 9999 Ext: 17063
Emil: halhaidry@kfmc.med.sa